**WFHP Sustainable Inhaler prescribing guide for adult asthma**

 

|  |  |  |
| --- | --- | --- |
| Not so good…  Nhjhj  NotN | Hmmm…OK! But how about >>>>>>>>>>>>>>> | Great! Can you breathe in quickly and deeply through your mouth within 2-3 seconds? If yes DPI should be fine |
| Ventolin Evohaler 100mcg Inhaler | Inhalers For Schools ... | Salamol 100micrograms/dose inhaler CFC free (Teva UK Ltd ... | Easyhaler Salbutamol sulfate 100micrograms/dose dry powder ...  \*See notes re SABA DPI use |
| QVAR-50-Aerosol-PL-00289_1371 - NHS My Health Hillingdon  2 puffs BD | Qvar 100 inhaler (Teva UK Ltd) 200 dose - RightBreathe  1 puff BD halves propellant output | Easyhaler Beclometasone 200micrograms/dose dry powder ...  1 puff BD. Interchangeable with budesonide below |
| Clenil Modulite (Beclometasone Dipropionate) 100 Micrograms  2 p  2 puffs BD | Clenil Modulite (Beclometasone Dipropionate) 200 Micrograms  1 puff BD halves propellant output | Easyhaler Budesonide 200micrograms/dose dry powder inhaler ...  1 puff BD or see above |
| https://www.rightbreathe.com/medicines/fostair-100microgramsdose-6microgramsdose-inhaler-chiesi-ltd-120-dose/  Fostair 100/6 1puff BD | **Step 2 inhalers**  Fostair 100/6 and Flutiform 50/5 MDI (left) can both be switched to any of the 3 devices to the right:  Fostair 100/6 DPI  Duoresp Spiromax 160/4.5  Fobumix Easyhaler 160/4.5 | https://www.rightbreathe.com/medicines/fostair-nexthaler-100microgramsdose-6microgramsdose-dry-powder-inhaler-chiesi-ltd-120-dose/  Fostair Nexthaler 100/6 1 puff BD |
| https://www.rightbreathe.com/medicines/flutiform-50microgramsdose-5microgramsdose-inhaler-napp-pharmaceuticals-ltd-120-dose/  Flutiform 50/5 2 puffs bd  MOST DAMAGING INHALER | **>>>>>>>>>>>**  **>>>>>>>>>>>>>**  **>>>>>>>>>>** | https://www.rightbreathe.com/medicines/duoresp-spiromax-160microgramsdose-4-5microgramsdose-dry-powder-inhaler-teva-uk-ltd-120-dose/  Duoresp Spiromax 160/4.5 1 puff BD  OR 2 puffs OD (compliance benefit) |
| MART information:  <https://www.asthma.org.uk/advice/inhalers-medicines-treatments/inhalers-and-spacers/mart/> | At this step **strongly consider** prescribing as **MART therapy** to reduce SABA use and improve asthma control:  Fostair 100/6 1 puff BD AND one additional puff upto 6 times daily (max total 8 puffs daily  Duoresp Spiromax 160/4.5 2puffs OD or 1-2puffs BD and extra doses when needed upto total 8 puffs daily  Fobumix Easyhaler 160/4.5 2puffs OD or 1-2puffs BD and extra doses when needed upto total 8 puffs daily | https://www.rightbreathe.com/medicines/2254/  Fobumix Easyhaler 160/4.5 1 puff bd |
|  | PTO |  |
| https://www.rightbreathe.com/medicines/fostair-100microgramsdose-6microgramsdose-inhaler-chiesi-ltd-120-dose/  Fostair 100/6 2 puffs BD  https://www.rightbreathe.com/medicines/flutiform-125microgramsdose-5microgramsdose-inhaler-napp-pharmaceuticals-ltd-120-dose/  Flutiform 125/5 2 puffs BD  THE MOST DAMAGING INHALER | **Step 3 Inhalers**  Either inhaler on the left can be switched to any of the four on the right. | Fostair Nexthaler 100/6 2 puffs twice daily (device image above)  OR  Duoresp Spiromax 320/9 1 puff twice daily (device image above)  OR  Fobumix easyhaler 320/9 1 puff twice daily (device image above)  OR  https://www.rightbreathe.com/medicines/relvar-ellipta-92microgramsdose-22microgramsdose-dry-powder-inhaler-glaxosmithkline-uk-ltd-30-dose/  Relvar Ellipta 92/22 1 puff ONCE daily |
|  | **Specialist Therapies**  See County asthma guidelines. **Caution- consider specialist advice prior to switching inhalers in this category as patients likely to be higher risk.** | \***Notes re SABA DPI use:**  For reliever inhalers where there is concern that the patient may not be able to use a dry powder device during an exacerbation a backup salamol MDI and spacer can be given for emergency use and a dry powder device prescribed for day to day reliever use.  This would apply particularly to patients who have a history of frequent exacerbations or hospital admission. |