**WFHP Sustainable Inhaler prescribing guide for adult asthma**

  

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| Not so good…NhjhjNotN | Hmmm…OK! But how about >>>>>>>>>>>>>>> | Great! Can you breathe in quickly and deeply through your mouth within 2-3 seconds? If yes DPI should be fine |
| Ventolin Evohaler 100mcg Inhaler | Inhalers For Schools ... | Salamol 100micrograms/dose inhaler CFC free (Teva UK Ltd ... | Easyhaler Salbutamol sulfate 100micrograms/dose dry powder ...\*See notes re SABA DPI use |
| QVAR-50-Aerosol-PL-00289_1371 - NHS My Health Hillingdon2 puffs BD | Qvar 100 inhaler (Teva UK Ltd) 200 dose - RightBreathe1 puff BD halves propellant output | Easyhaler Beclometasone 200micrograms/dose dry powder ...1 puff BD. Interchangeable with budesonide below |
| Clenil Modulite (Beclometasone Dipropionate) 100 Micrograms2 p2 puffs BD | Clenil Modulite (Beclometasone Dipropionate) 200 Micrograms1 puff BD halves propellant output | Easyhaler Budesonide 200micrograms/dose dry powder inhaler ...1 puff BD or see above  |
| https://www.rightbreathe.com/medicines/fostair-100microgramsdose-6microgramsdose-inhaler-chiesi-ltd-120-dose/Fostair 100/6 1puff BD | **Step 2 inhalers**Fostair 100/6 and Flutiform 50/5 MDI (left) can both be switched to any of the 3 devices to the right:Fostair 100/6 DPIDuoresp Spiromax 160/4.5Fobumix Easyhaler 160/4.5 | https://www.rightbreathe.com/medicines/fostair-nexthaler-100microgramsdose-6microgramsdose-dry-powder-inhaler-chiesi-ltd-120-dose/Fostair Nexthaler 100/6 1 puff BD |
| https://www.rightbreathe.com/medicines/flutiform-50microgramsdose-5microgramsdose-inhaler-napp-pharmaceuticals-ltd-120-dose/Flutiform 50/5 2 puffs bdMOST DAMAGING INHALER | **>>>>>>>>>>>****>>>>>>>>>>>>>****>>>>>>>>>>** | https://www.rightbreathe.com/medicines/duoresp-spiromax-160microgramsdose-4-5microgramsdose-dry-powder-inhaler-teva-uk-ltd-120-dose/Duoresp Spiromax 160/4.5 1 puff BDOR 2 puffs OD (compliance benefit) |
| MART information:<https://www.asthma.org.uk/advice/inhalers-medicines-treatments/inhalers-and-spacers/mart/> | At this step **strongly consider** prescribing as **MART therapy** to reduce SABA use and improve asthma control:Fostair 100/6 1 puff BD AND one additional puff upto 6 times daily (max total 8 puffs dailyDuoresp Spiromax 160/4.5 2puffs OD or 1-2puffs BD and extra doses when needed upto total 8 puffs dailyFobumix Easyhaler 160/4.5 2puffs OD or 1-2puffs BD and extra doses when needed upto total 8 puffs daily | https://www.rightbreathe.com/medicines/2254/Fobumix Easyhaler 160/4.5 1 puff bd |
|  | PTO |  |
| https://www.rightbreathe.com/medicines/fostair-100microgramsdose-6microgramsdose-inhaler-chiesi-ltd-120-dose/Fostair 100/6 2 puffs BDhttps://www.rightbreathe.com/medicines/flutiform-125microgramsdose-5microgramsdose-inhaler-napp-pharmaceuticals-ltd-120-dose/Flutiform 125/5 2 puffs BDTHE MOST DAMAGING INHALER | **Step 3 Inhalers**Either inhaler on the left can be switched to any of the four on the right. | Fostair Nexthaler 100/6 2 puffs twice daily (device image above)ORDuoresp Spiromax 320/9 1 puff twice daily (device image above)ORFobumix easyhaler 320/9 1 puff twice daily (device image above)ORhttps://www.rightbreathe.com/medicines/relvar-ellipta-92microgramsdose-22microgramsdose-dry-powder-inhaler-glaxosmithkline-uk-ltd-30-dose/Relvar Ellipta 92/22 1 puff ONCE daily |
|  | **Specialist Therapies**See County asthma guidelines. **Caution- consider specialist advice prior to switching inhalers in this category as patients likely to be higher risk.** | \***Notes re SABA DPI use:**For reliever inhalers where there is concern that the patient may not be able to use a dry powder device during an exacerbation a backup salamol MDI and spacer can be given for emergency use and a dry powder device prescribed for day to day reliever use. This would apply particularly to patients who have a history of frequent exacerbations or hospital admission. |