



GREENER PRACTICE GLOUCESTERSHIRE

SUPPORT FOR SUSTAINABLE PRACTICE & PRESCRIBING

*Hello and welcome to the autumn edition of our bulletin packed with information, examples of **green practice** and links to help you reduce your carbon footprint and environmental impact at home and in the workplace....*

'Save time, save carbon, save money'! FREE WORKSHOPS!!!

Sustainability Quality Improvement Initiative for 2023-2024.

Sign up your staff to a new online lunchtime workshop series to help cut your practice's costs and claim sustainability incentivisation payments from the ICB. Free to practices:contact kate.glancy1@nhs.net

Your PCN has already received funding to hold facilitated workshops for practices to brainstorm and share ideas on how to design and implement quality improvement programmes to suit their needs. *Is yours scheduled yet?*

Gloucestershire ICB is funding this initiative for ALL PCNs and GP practices

Practices can choose from a [menu](#) of CO2 saving initiatives for which they will receive payments from the ICB. There is a [toolkit](#) to support choice & implementation.

[Returns](#) for initiatives chosen and workshop feedback is required by the end of December to glicb.primarycare@nhs.net which is also the contact email for any queries you may have.

GOOD GREEN NEWS

- **Aspen surgery** landlords are installing a whopping 100kw of PV panels which should more than cover their day time electricity requirements....
- **NEW ICB MEDICINES OPTIMISATION SUSTAINABILITY GROUP**

This group held their first meeting recently with so many ideas it was difficult to fit them on the Jam board! The following 3 topics have been chosen as priorities:

Inhaler prescribing

56 day repeat prescriptions

Page on G-care listing when blood tests are unnecessary*.

If you have any ideas or comments please contact project manager amy.thomas15@nhs.net

Hot off the press [The Aldi Blister Pack Envelope Recycling Scheme - TerraCycle](#)

GREEN PEOPLE:

The ICB has appointed **Dr Kat Bristol** as primary care sustainability lead. Kat is a GP at Cam & Uley practice (you can't have failed to notice how green this practice is!)

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Welcome to **Jake Ryder**, newly appointed green champion at The Holts medical centre, TWNS

Welcome to **Rahaf Ahchami**, new trainee pharmacist in Tewkesbury with a split post between Church Street Medical and Northway Pharmacy and who will be carrying out a SusQI project.

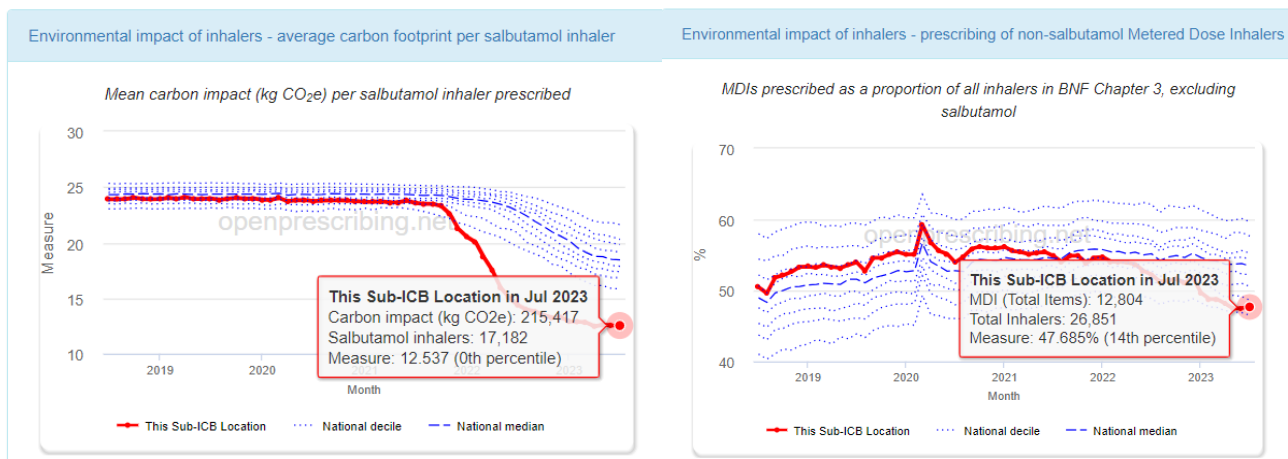
GREEN WEEK SUCCESS CHURCHDOWN SURGERY

Good for you, good for the planet!

Following up from article on this in the last bulletin, organiser and co-ordinator Liz Shermon gave us the following positive feedback:

- **100%** found green week positive experience
- **90%** said it improved their understanding of importance of environmental issues and impact on health
- **80%** think attitudes/ beliefs have changed and intend to make change in behaviour as consequence of the week

INHALER PRESCRIBING



As always we keep you up to date. Gloucestershire remains the top ICS in England for reduction in carbon footprint of salbutamol inhalers & holding 14th percentile position with the proportion of dry powder inhalers prescribed. *But* the curves are flattening off for both; please check your practice position at [open prescribing](https://openprescribing.net). With the average carbon footprint of our salbutamol inhaler prescribing at 12.5, that's still an awful lot of MDI prescribing (Easyhaler DPI 0.5, Salamol 11 and Ventolin 28kg CO₂e) This continues to be an important area for focus to reduce carbon footprint in the NHS and one of the three priority areas chosen by the newly established Medicines Optimisation Sustainability group. See the helpful asthma toolkit resources from Greener Practice including informative text messages for patients before reviews [Resources – Greener Practice](#)



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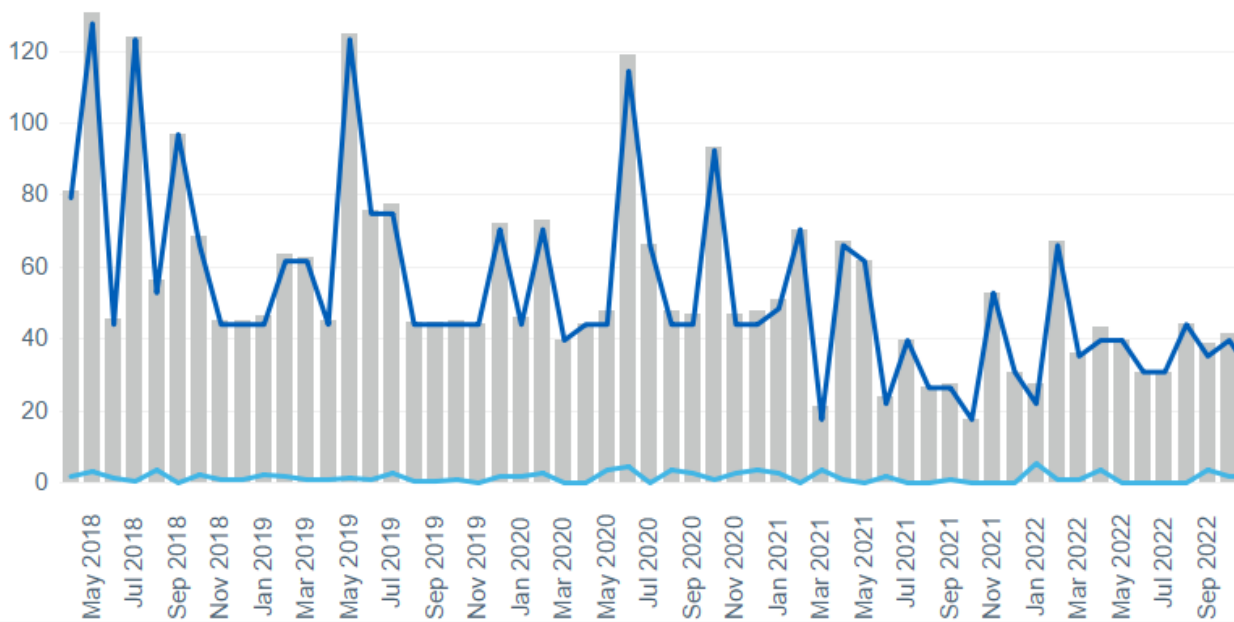
GOOD NEWS FROM OUR SECONDARY CARE PARTNERS – THE END OF NITROUS OXIDE



Congratulations to our hospitals who have now stopped using nitrous oxide. This powerful greenhouse gas was contributing about 30 tonnes of CO₂e to our carbon footprint each month. This is on a background of around 30 tCO₂e per month. Nitrous oxide is seldom used in modern anaesthesia and projects in other areas have revealed that the vast majority of nitrous oxide purchased is actually wasted due to leaky manifold systems. On the occasion that nitrous oxide is required, small cylinders can be utilised. As such GHFT decommissioned its nitrous oxide manifold systems, first at CGH late last summer and then at GRH earlier this year. The graph shows that our use of the large manifold cylinders (dark blue line) has been zero for the last four months with little increased use in the small cylinders (light blue line). The data is based on cylinders returned to our supplier hence the large spike after the system was decommissioned.

Emissions (tCO₂e) from nitrous oxide

The carbon equivalent emissions (tCO₂e) of nitrous oxide procured to trusts, split into manifold and portable cylinders. A trend in manifold cylinders is likely to indicate a reduction in waste. Bars show the total of the lines selected on the drop



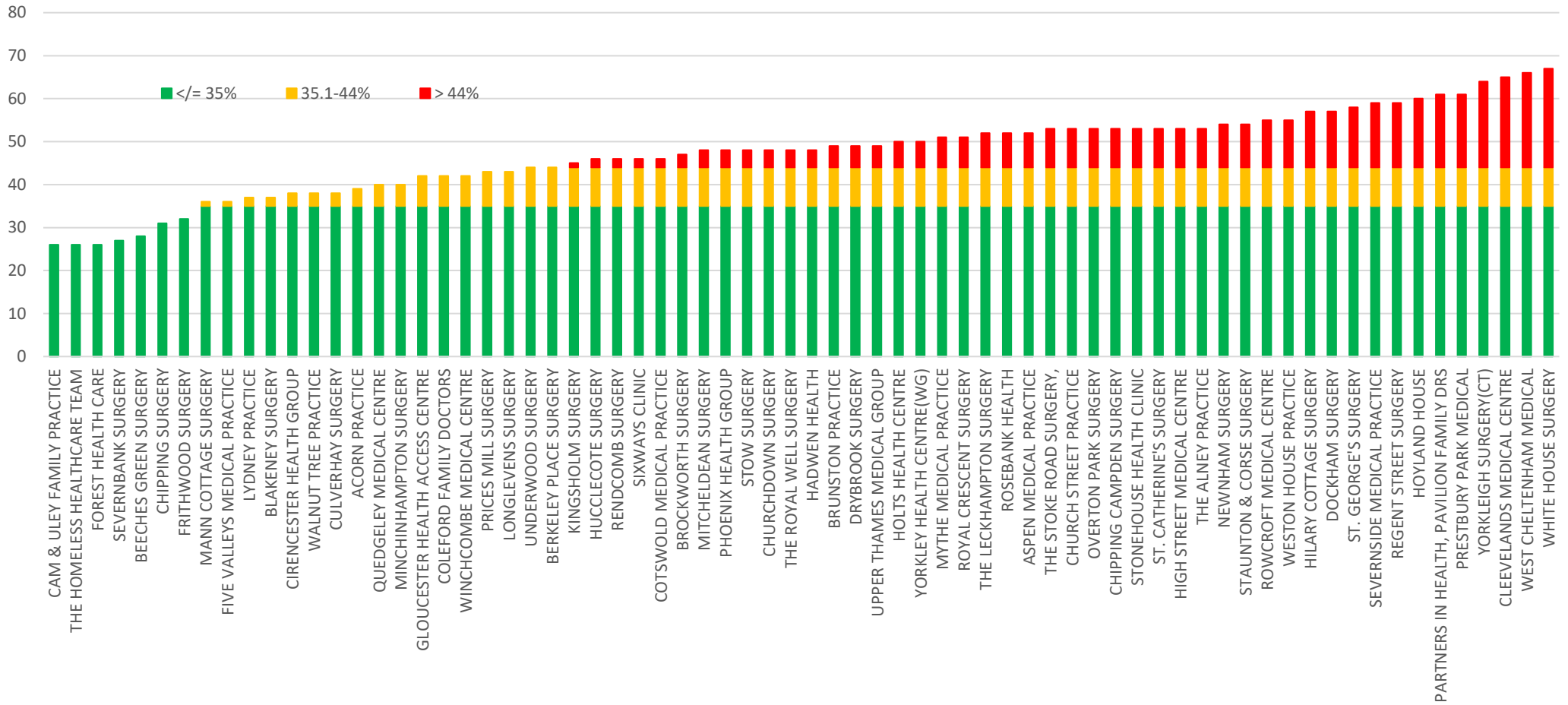
INHALER RECYCLING.

Grundon are now offering a UK wide recycling scheme for all inhalers. However, this comes at a price.....

- 1) Disposal of MDI - canister only - via 30L container £70 per container (inc supply)
- 2) Admin charge @ £64 per collection address - incs HWCN and all transportation docs.
- 3) transport @ £895 per std working day (based on a round robin collection of pharmacies)
- 4) Initial delivery charge for a container to each pharmacy - as transport rate
- 5) container supply charge @ £15 ...all plus VAT.

So until this service is paid for (ideally by the manufacturers), the default position remains to take all inhalers back to the community pharmacy.

% MDI prescribed (excluding salbutamol) to 1st July 2023





THE GREEN IMPACT FOR HEALTH TOOLKIT – Update October newsletter

‘Thank you and congratulations to all practices who submitted their toolkit for our 2023 awards cycle. We are currently in the process of conducting audits and hope to announce all award winners by the end of November.

If you did not submit your toolkit this year, you can continue to use the system for a 2024 award without disruption. The next deadline for awards will be in September 2024.

If you have submitted your toolkit and are worried it’s disappeared, you can ‘retract’ it at any point (on the ‘toolkits’ page) to view it again. If you are awaiting an audit, however, please do not make any changes until after your audit.

There are 643 practices registered on the new toolkit, with 1407 users. 50 new users register on the toolkit each week.’(SO 10% of these are from Gloucestershire 🤔)

IMPORTANT WARNING for users of the old toolkit platform: This is your first warning that the **old GIFH web platform** in use from 2014-2023 will be closed at the end of 2023

(Until 31/12/23, you can access past entries on the old web platform system and can copy/paste them to the [new website](#). If you want to keep your information from the old toolkit, please download it. There are instructions how to do this in the 5-minute video on the homepage of the old toolkit. You can copy all the old information and paste into the new toolkit or you can upload the spreadsheet as a reference in the QIP002 criteria in the new toolkit website, and paste the following text into the completed criteria on the new toolkit ‘This criterion was completed in our 2022 toolkit and is detailed in the spreadsheet attached to QIP002’. Do not forget to click the ‘Done’ box for each of the criteria in the new toolkit.)

NET ZERO CLINICAL CARE CONFERENCE

The **first-ever** NHS Net Zero Clinical Care conference, jointly organised by the BMJ and UK Health Alliance on Climate Change, took place on the 10th October providing insight into all the incredible work that is happening across the UK to transition health systems to net zero. UKHACC Chair, Richard Smith has written this excellent blog on his reflections on the [12 C’s for getting health systems to carbon net zero](#) There were some excellent presentations the link to the recordings will be available on [our website](#) from Tuesday 24 October. The following is just one of the many helpful posters presented, which [you can view online here](#).

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SOUTH WEST GREENER PRACTICE BULLETIN



South West Greener NHS Bulletin - October 2023

Welcome to the 13th edition of the South West Greener NHS Bulletin. In this monthly newsletter we bring you the latest green activities and good news stories from across the region.

[Go to this Sway](#)

FURTHER USEFUL LINKS AND RESOURCES

!! Biodiversity, Climate Change and Health Policy Report

The UK Health Alliance on Climate Change has launched a policy report on biodiversity, climate change and health. The two-part policy report focuses on terrestrial and marine ecosystems and can be downloaded from [our webpage](#).

CARBON OFFSETTING & GREENWASHING – see this [PD carbon-off-setting.pdf - Google Drive](#)

This and previous bulletins can be found on

<https://www.greenerpractice.co.uk/join-our-network/local-groups/gloucestershire/>

Please send any items for inclusion in the next quarterly newsletter and consider joining the Greener Practice group; we have WhatsApp groups and bimonthly evening meetings & welcome new members. Next general meeting TBC Contact greenerpracticeglos@gmail.com