**10-Oct-22    Green Impact for Health Toolkit – Free online toolkit!**  
Sent on behalf of Vasu Siva, GP Partner & Clinical Lead for Green Agenda

Dear Colleagues,  
  
Sign up to the [Green Impact for Health](https://www.greenimpact.org.uk/GIforHealth) (GIFH) toolkit and use it to help your practice become eco-friendlier!  
  
GIFH Toolkit answers the question ‘***What can I do in my practice?’*** by giving  
simple practical tips on how to make changes in your daily life. It lists over 100 activities on several topics (e.g. waste & recycling, healthy planet, social prescribing, zero carbon, travel & exercise, water, energy saving, learning, quality improvement) to help your practice deliver sustainable healthcare.  
   
I am using the GIFH toolkit to guide us through achieving ES green initiative and IIF targets. So, why not sign your practice to the GIFH Toolkit? You would not only achieve these targets but also an award that would motivate and energise your staff!  
   
Remember, the toolkit can be completed by volunteers – either formal volunteers, PPG members, GP Trainees, students or willing friends/family!

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| **Activity: Enrol RCGP’s Green Impact for Health Toolkit** | |
| **What is the activity?** | Sign up to the RCGP’s [Green Impact for Health](https://www.greenimpact.org.uk/GIforHealth) Toolkit & make your practice more sustainable |
| **What are the benefits of the activity?**  **(GP surgery, staff, patients, community, environment)** | This toolkit will help your practice to:   * Improve quality of patient care * Improve health & wellbeing of staff * Reduce health inequalities * Achieve specific ES & IIF targets * Improve staff morale/help achieve an award! * Improve efficiency/reduce workload * Reduce practice expenses * Improve sustainability & environmental impact * Reduce harmful impact on planetary health * Reduce risks of climate change |
| **How to carry out the activity?** | The toolkit gives simple, easy to do actions relevant to daily life in general practice, with the reason why you should do them & advise on how to do them |
| **How would this be measured?** | Each activity earns a point which helps to gain awards – Pioneer, Bronze, Silver, Gold & Carbon |
| **What are the benefits/award once you have completed the activity?** | Continuing improvement process for your team where you collect points & awards each year that recognise your practice’s achievements |
| **How will this be reported?** | Completing the Toolkit will help your practice achieve green accreditation |

**Helpful Resources:**  
[GIFH Video for 2022 - YouTube](https://www.youtube.com/watch?v=obuDrU2sBwM&t=21s): 5-minute video users guide to GIFH Toolkit  
[Greener Practice website](https://www.greenerpractice.co.uk/): One-stop hub for UK general practices that want to become greener, with links to more information, including webinars, resources and practical tools.